

# ANBA Code of Conduct

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## Players

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### Behavior Expectations

- Respect: Treat coaches, teammates, opponents, and officials with kindness. Appreciate everyone's contributions, regardless of game outcomes.
- Sportsmanship: Show grace when you win and respect when you lose. Avoid negative language or actions toward others.
- Commitment: Attend practices, games, and meetings on time, and always give your best effort.
- Teamwork: Support your teammates, encourage collaboration, and be open to constructive feedback.
- Communication: Communicate openly and respectfully with everyone. Address concerns in a constructive manner.
- Responsibility: Be accountable for your actions, and follow all team and club policies.
- Zero Tolerance for Abuse: Any verbal or physical abuse will result in immediate disciplinary action.
- Positive Attitude: Maintain a positive outlook, uplift others, and contribute to a fun and supportive team environment.
- Professionalism: Exhibit respect, responsibility, and reliability in all interactions, dress appropriately, and ensure a positive representation of Aurora North.

### Guidelines for Respectful Communication

- Positive Language: Use supportive and encouraging words. Avoid negative comments about teammates, opponents, or officials.
- Active Listening: Respect others by listening carefully, acknowledging their thoughts, and responding thoughtfully.
- Constructive Feedback: Offer feedback focusing on behavior, not personal traits, and use "I" statements (e.g., "I noticed..." or "I suggest...").
- Openness to Feedback: Accept feedback as a chance to improve, and ask for clarification if needed.
- Conflict Resolution: Address conflicts calmly and directly with the person involved. In unresolved situations, involve the coach only if necessary.
- Respect Boundaries: Be aware of personal and emotional boundaries, and communicate respectfully if someone crosses them. Seek assistance from a coach if needed.

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## Coaches

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### Behavior Expectations

- Leadership: Lead with integrity, respect, and sportsmanship; create a positive, inclusive environment.
- Communication: Communicate openly and respectfully; provide constructive feedback and encouragement.
- Development: Focus on player growth over winning; set realistic goals to foster learning.
- Respect: Treat all players fairly, valuing their individual strengths, and be approachable for concerns.
- Safety: Prioritize players' physical and emotional safety during all activities.
- Zero Tolerance for Abuse: We have a zero-tolerance policy for any form of verbal or physical abuse. Such behavior will result in immediate disciplinary action.
- Professionalism: Act professionally, uphold club values, and continuously improve coaching skills.

### Guidelines for Respectful Communication

- Open Communication: Be approachable and encourage dialogue with players, parents, and directors.
- Clarity: Clearly communicate expectations, goals, and roles.
- Professionalism: Use respectful, professional language in all interactions.
- Recognition: Acknowledge players' efforts and achievements to build confidence.
- Tone Awareness: Use tone and body language that convey respect and encouragement.

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## Parents

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### Behavior Expectations

- Supportive Attitude: Encourage your child's efforts and celebrate achievements. Promote positivity toward coaches, players, and officials.
- Respect for Coaches and Officials: Refrain from negative comments; address concerns privately, waiting 24 hours to discuss specific issues.
- Communication: Express concerns constructively and stay informed about club policies and schedules.
- Team Spirit: Support team sportsmanship and participate in club events to build community.
- Player Focus: Emphasize enjoyment and personal growth over winning; allow players to take responsibility for their experiences.
- Positive Role Modeling: Exhibit good sportsmanship and avoid negative comments at games.

### Guidelines for Respectful Communication

- Supportive Communication: Speak positively about the club, coaches, and players to enhance your child's experience.
- Avoid Sideline Coaching: Trust coaches to guide players during games and practices.
- Private Concern Resolution: Address concerns directly with coaches in private, not publicly.
- Encourage Dialogue: Foster open discussions at home about your child's experiences.
- Zero Tolerance for Abuse: We have a zero-tolerance policy for any form of verbal or physical abuse. Such behavior will result in immediate disciplinary action.
- Director Involvement: Notify the coach before escalating unresolved concerns to club directors.